



The Art and Science of Integrated Care Partnerships

Today's Moderator



Kristin Potterbusch, MPH
Senior Program Manager
Primary Care Development Corporation



About PCDC

Primary Care Development Corporation (PCDC) is a national nonprofit organization and a community development financial institution catalyzing excellence in primary care through strategic community investment, capacity building, and policy initiatives to achieve health equity.

Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).

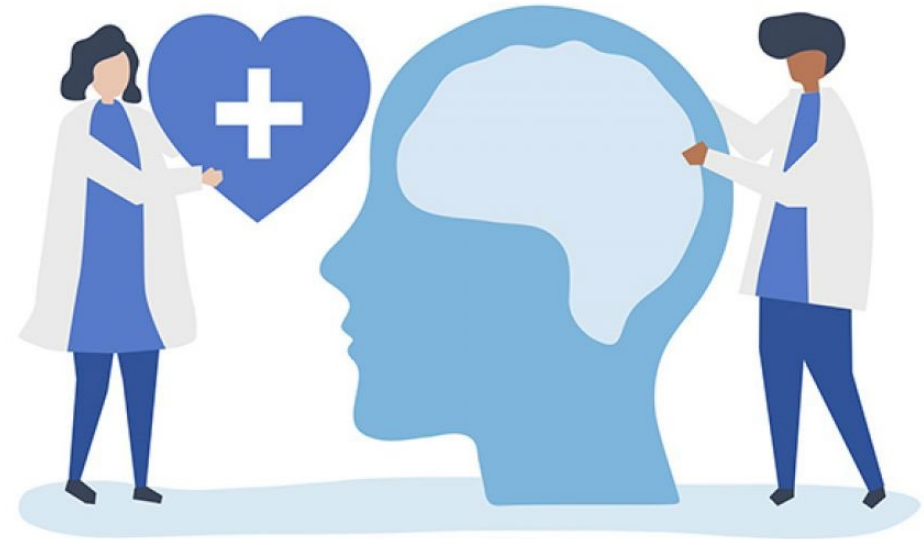


www.samhsa.gov

Integration at Work

This year we are covering critical concepts to support your practice of integrated care such as:

- Integration models
- Quality improvement
- Funding and relationship development
- Behavioral health screenings for primary care
- Primary care considerations for behavioral health



Audience Demographics Poll

Do you work in a:

- Primary care setting
- Behavioral health setting
- Integrated care setting

Are you working primarily as a:

- MD/DO
- Nurse Practitioner/Registered Nurse
- Physician Assistant
- Medical Assistant
- Therapist
- Social Worker
- Care Manager
- QI Manager
- Informatics
- Other

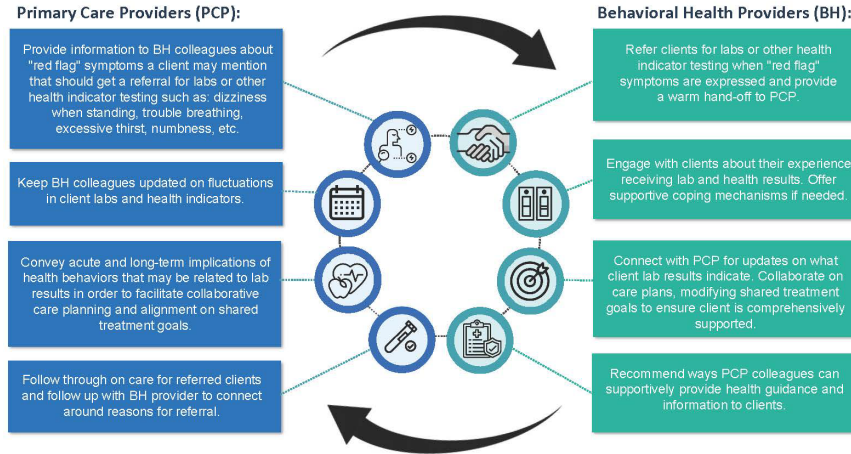
Please rate your current skills and comfort with the best practices of initiating and maintaining partnerships in integrated care settings.

- Very Low
- Low
- Moderate
- High
- Very High

Tip Sheet

INTEGRATION AT WORK

LABS AND HEALTH INDICATORS: AN INTEGRATED CARE OPPORTUNITY



Key ways Behavioral Health providers are critical partners within integrated care:

- Improve the skills of primary care providers to recognize behavioral disorders.
- Improve the skills of providers to recognize how behavioral health conditions may manifest as physical symptoms.
- Promote greater adherence to treatment regimens for chronic conditions.
- Help patients understand the ways that emotions can effect how they feel physically.
- Establishing responsive "person centered" goals to manage both physical and behavioral conditions.

POLICY CONSIDERATIONS

- Include details on specific task oriented staff activities
- Convene stakeholders from throughout organization to develop PC-BH policies and recommendations
- Incorporate feedback even after policies are drafted as input is key to understanding how a process gets carried out in real time
- Ensure all guidance is either broad enough for or can specifically account for differences between disciplines. For instance: *PCP may focus on specific clinical markers; BH may focus on social and emotional markers.* Good policy and directives would account for both.

<https://www.pcdc.org/resources/integration-at-work-promoting-successful-collaboration-in-integrated-care-settings/>

Focus Areas

- Identify ways to leverage data and quality improvement practices to engage and strengthen new and current partnerships
- Understand the unique needs of supporting and maintaining partnerships that are part of advancing and sustaining integrated care models
- Review opportunities for creating partnerships and critical components of maintaining them

Panelists



Pamela Mattel, LCSW
CEO, Coordinated Behavioral Care



Julie Schilz , MPH
Senior Director,
Primary Care Development Corporation



Isaac Kastenbaum, MPA
Vice President,
Primary Care Development Corporation

Post-Discussion Skills and Comfort Poll

After attending this webinar, please rate your skills and comfort with the best practices of initiating and maintaining partnerships in integrated care settings.

- Very Low
- Low
- Moderate
- High
- Very High

Office Hour



office hours

you've got questions... we might have answers

Resources

- The Building Blocks of Behavioral Health- <https://wellbeingtrust.org/integrating-behavioral-health-in-primary-care-a-new-framework-for-alternative-payment-models/>
- From Our Practices to Yours: Key Messages for the Journey to Integrated Behavioral Health- <https://www.jabfm.org/content/30/1/25>
- Rural Services Integration Toolkit: Primary Care Behavioral Health Model- <https://www.ruralhealthinfo.org/toolkits/services-integration/2/primary-care-behavioral-health>
- Addressing Health Worker Burnout: The U.S. Surgeon General’s Advisory on Building a Thriving Health Workforce- <https://www.hhs.gov/surgeongeneral/priorities/health-worker-burnout/index.html>
- CQC Behavioral Health Integration Improvement Collaborative Curriculum- <https://www.pbgh.org/cqc-behavioral-health-integration-improvement-collaborative-curriculum/>

Upcoming Center of Excellence Events:

CoE-IHS Office Hour: Integrated Care Partnerships with School Based Health Centers

[Register for the office hour](#) on Thursday, July 14, 1-2pm ET

CoE-IHS Webinar: Perinatal Health Part 4 – Addressing Serious Mental Illness

[Register for the webinar](#) on Thursday, July 21, 2-3pm ET

CoE-IHS Webinar: CHI Part 4 – Payment Models for Comprehensive Health Integration

[Register for the webinar](#) on Wednesday, July 27, 1-2pm ET

Contact Us



Kristin Potterbusch, MPH
kpotterbusch@pcdc.org

Integration at Work SAMHSA Webinar Series

A Roadmap for Behavioral and Primary Care Collaboration

Integrated care is a journey for every practice – wouldn't it be nice to have a little guidance for the road ahead? Over the next 12 months, PCDC, in collaboration with the SAMHSA Center of Excellence for Integrated Health Solutions, will provide the roadmap for what you need to know to keep integrated health "at work" within your care practice. This initiative is designed to empower professionals within the integrated health field with critical knowledge – from navigating upskilling on multi-disciplinary expertise to scaling operations.

Throughout the year we will update this space with printable tip sheets and recordings of our free and open to the public quarterly learning intensive events led collaboratively by a team of three experts from the field.

[VIEW OUR TIP SHEET, RECORDING, AND EVENT MATERIALS](#)

The Art and Science of Integrated Care Partnerships

Tuesday, July 13, 2022
 2:00 – 3:30 PM EST / 11:00 AM – 12:30 PM PST

[REGISTER](#)

Speakers:

Pamela Mattei, LCSW-R, President & Chief Executive Officer, Coordinated Behavioral Care
 Isaac Kastenbaum, MPA, Vice President, Primary Care Development Corporation
 Julie Schütz, Senior Director, Primary Care Development Corporation

Looking for guidance and answers around successfully navigating the complexities of integrated care partnerships? Join PCDC on July 13 at 2pm ET for the final installment of the year's Integration at Work webinar series. Featuring a panel of expert leaders who will cover topics from leveraging your data to get conversations started to unpacking what it means to build trust across interdisciplinary silos. This conversation will include an interactive Q&A with panelists, so don't miss being part of the discussion!

[REGISTER](#)

Making Integration Possible: Proactive Practices for Successful Collaboration

Speakers:

Lee Eski, MD, PCMH CCE, Senior Program Manager, PCDC
 Deborah Johnson Ingram, MPH, Senior Director, PCDC
 Mala Bhindro Morok, MPH, CPC-A, Senior Program Manager, PCDC

It's time to empower behavioral health providers and health care leadership for successful collaboration! Join us on April 21st at 1pm ET/10am PT for a deep dive into what makes the gears of collaboration turn within integrated care settings. Experts will share examples of policies to put into practice, highlight functional team roles, and feature concrete strategies for behavioral health providers who are navigating interpretation of physical health results as part of de-voiced team partnerships.

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Wait, We've Gotta Ask That Too? – Navigating Preventive Screening in Integrated Care Settings

Speakers:

Deborah Johnson Ingram, MPH, Senior Director, PCDC
 Mala Bhindro Morok, MPH, CPC-A, Senior Program Manager, PCDC

Facing challenges when implementing preventive screening tools within your organization? On February 17th at 1PM, PCDC hosted an event designed to provide you with selection criteria, sample policies, and other

pcdc.org/integrationworks

Solving for Sleep SAMHSA Webinar Series

Integrating Care Through a Biopsychosocial Approach to Health

PCDC, in collaboration with the SAMHSA Center of Excellence for Integrated Health Solutions, is engaging in a year-long virtual initiative focused on addressing sleep and related social and health needs through enhanced integrated primary and behavioral health care. This initiative will include live virtual learning opportunities, free tools and resources, and linkage to experts in the field. An anchor for the year will be a monthly webinar series focused on building foundations and advanced applications of sleep knowledge.

Unseen Impacts: Health Disparities and Sleep

Thursday, January 6, 2022
 12pm to 2:00pm, ET

Speakers:

Sarahma Robinson, PhD, Associate Professor of Social Work, Colorado University (School of Social Work)
 Kim Phelan, PhD, Director of Social Determinants of Health, Community Care Cooperative (CC)
 Tiffany Yu, PhD, Professor of Psychology, Washington University (Department of Psychology)
 Andrew Hill, PhD, CA Senior Director, Office of Population Health at Primary Care Development Corporation

Announcing the second session of our solving for sleep webinar series, we're happy to learn together the ways that social disparities from social inequities for an extended time on our disparities related to key determinants including housing, income, employment, and race intersect with sleep and health outcomes. Taking place January 7 from 1pm to 2pm, ET and immediately followed by an interactive 30-minute Q&A "open office".

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Sleep: Behavioral Health Lens on Sleep: Assessment and Intervention

Thursday, February 4, 2022
 1pm to 2:00pm, ET

Speakers:

Thomas L. Roth, PhD, Professor Professor & Clinical Psychologist, Department of Psychiatry and Behavioral Science, University of Nevada, Reno, Senior of Medicine
 Lee Kucumsky, Senior Director of Behavioral Health, Westat - Health Effect

This session will address sleep within behavioral health treatment: enhancing for sleep health, behavioral interventions for sleep, interdisciplinary collaboration, and more.

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Sleep: One Good Night: Experiences of Patients and Families Across the Lifespan

Thursday, March 4, 2022
 12pm to 2:00pm, ET

Featuring individuals sharing their unique sleep stories, this interactive session offers a light on the lived experience of sleep difficulty, with a live Q&A virtual conversation on our teaching for sleep circles as we learn firsthand how to address our understanding of supporting comprehensive patient sleep needs.

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)



pcdc.org/sleep

An Integrative Approach to Addressing Diabetes Learning Series

With over 100 million Americans living with diabetes, more providers than ever before recognize chronic disease screening and management as a best practice of integrated primary and behavioral health care.



In this free virtual learning series by Primary Care Development Corporation (PCDC) and the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) Center of Excellence for Integrated Health Solutions, national experts provide guidance through seven multifaceted sessions – each addressing a different aspect of team-based care to improve diabetes screening and management. Topics range from behavioral treatment to reimbursement to operational decision making.

[VIEW OUR TIP SHEET, RECORDING, AND EVENT MATERIALS](#)

Providers can round out their practice and earn a certificate in recognition of completion after completing this seven-part virtual learning series. Watch recordings and download the presentations below.

Behavioral Treatment: Impacting Diabetes Risk and Management in the Visit

February 24, 2020 at 1:00 PM – 2:00 PM EST

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Evidence-Based Prescribing Practices for Behavioral Health and Diabetes

March 23, 2020 at 1:00 PM – 2:00 PM EST

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Focusing on Nutrition in Integrated Care for Diabetes

April 20, 2020 at 1:00 PM – 2:00 PM EST

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Integrating Clinical Pharmacy with Diabetes Management

May 18, 2020 at 1:00 PM – 2:00 PM EST

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Expanding Quality Improvement: Data, Health Records, and Diabetes Reimbursement

June 15, 2020 at 1:00 PM – 2:00 PM EST

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Operational and Clinical Pathways: Improving Diabetes Screening, Monitoring, and Management

June 28, 2020 at 1:00 PM – 2:00 PM EST

[WATCH RECORDING](#) [DOWNLOAD PRESENTATION](#)

Persons with Lived Experience: Advice and Best Practices from Expert

pcdc.org/diabetes