



Persons with Lived Experience: Advice and Best Practices from Expert Peers

Today's Moderator



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About PCDC

Primary Care Development Corporation (PCDC) is a national nonprofit organization and a community development financial institution catalyzing excellence in primary care through strategic community investment, capacity building, and policy initiatives to achieve health equity.

Disclaimer

The views, opinions, and content expressed in this presentation do not necessarily reflect the views, opinions, or policies of the Center for Mental Health Services (CMHS), the Substance Abuse and Mental Health Services Administration (SAMHSA), or the U.S. Department of Health and Human Services (HHS).



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An Integrative Approach to Addressing Diabetes

- Improve screening and management and partner with patients to better address diabetes
 - Maximize the value of interprofessional teams
 - Enhance what you have (even if it's just you!)
 - Build efficient processes and procedures



(Image courtesy C. Aguilar)

An Integrative Approach to Addressing Diabetes

1. Behavioral Treatment
2. Evidence-based Prescribing Practices
3. Nutrition, Food Insecurity and Health Promotion
4. Integrating Clinical Pharmacy
5. Expanding Quality Improvement
6. Operational and Clinical Pathways
7. **Persons with Lived Experience**

Why Address Diabetes in Integrated Behavioral Health?

- Patients with behavioral health conditions are disproportionately likely to struggle with diabetes and associated metabolic conditions
- Behavioral health providers are uniquely positioned to impact diabetes
- Integrated care will increasingly involve integrating metrics

Today's Panelists

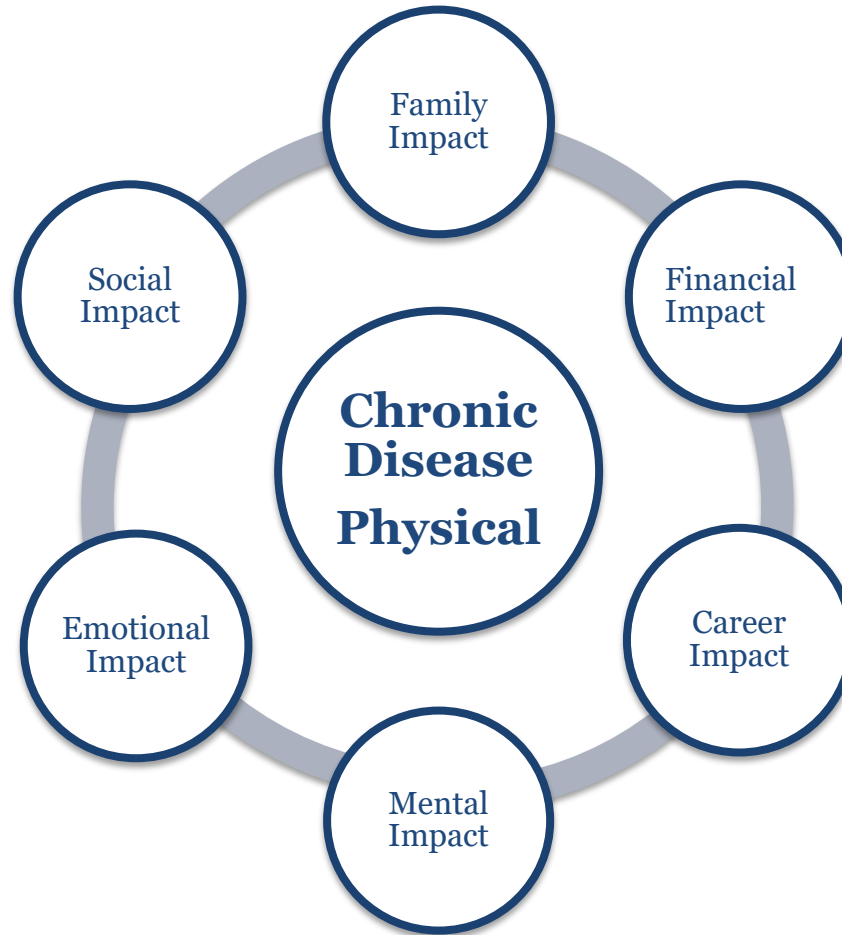


Amy Walters, PhD works as a clinical health psychologist and consultant, serving as the Director of Behavioral Health services for St. Luke's Humphreys Diabetes. Dr. Walters works with patients to address emotional and behavioral factors which negatively impact health and chronic disease management. Dr. Walters has over 20 years of experience working in clinical and community settings. Dr. Walters serves on PCDC's National Integrated Care Faculty.



Sarah Mart, MS, MPH joined DiabetesSisters as Director of Operations in 2016 and is responsible for major signature programs including the Part of DiabetesSisters (PODS) Meetups; the annual DiabetesSisters Leadership Institute; and Minority Initiative seminars focused on strategies for healthy living with any type of diabetes or prediabetes. Sarah also has extensive experience in public health policy research, writing, speaking, and organizing, with more than 15 years at a public health think tank and in higher education directing strategic prevention and health promotion initiatives.

Areas of Impact







Q&A

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